

TRADITIONAL MIDDLE MENUS – NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-30 NO SCHOOL	10-31 Pancake/Sausage On Stick Chicken Nuggets w/Roll OR Italian Grilled Cheese w/Marinara Sauce Fresh Veggies w/Dip Seasoned Peas Chillin' Bat Fruit Ice Optional: Chef Salad w/Roll	11-1 Belgian Waffle Pizzeria Pepperoni Pizza OR Cheese Pizza OR Deli Lunch Pack Glazed Carrots Seasoned Broccoli Chilled Flavored Applesauce	11-2 School Spirit Ring Teriyaki Chicken w/Rice OR Cheeseburger On Bun California Blend Stir Fry Seasoned Corn Chilled Peaches	11-3 Sausage Biscuit Beef Hot Dog On Bun OR BBQ Sandwich OR Yogurt Lunch Pack French Fries Coleslaw BBQ Baked Beans Seasonal Fresh Fruit Optional: Deli Sandwich/Wrap
11-6 French Toast Sticks Cheese Dunkers w/Marinara Sauce OR Chicken Fajita OR Seasoned Green Beans Seasoned Peas & Carrots Chilled Mandarin Oranges	11-7 Breakfast Pizza Chicken Tenders w/Waffles Taco Salad w/Chips Seasoned Pinto Beans Seasoned Corn Seasonal Fresh Fruit	11-8 Fruit Frudel Corn Dog Nuggets OR Meatball Sub Broccoli w/Cheese Baked Sweet Potato Fries Chilled Mixed Fruit Manager's Choice Cookie	11-9 Chicken Biscuit <i><u>Fast and Furious – 3 Hour Early Release</u></i> Cold Deli Sandwich Variety w/Cheez-It Crackers Baby Carrots w/Dressing Fresh Vegetable Variety Sourlicious Raisins Optional: Pizza Manager's Choice Lunch Pack	11-10 NO SCHOOL
11-13 Pizza Bagel Chicken Sandwich OR Salisbury Steak w/Gravy & Roll Mashed Potato Mixed Garden Salad w/Dressing Seasonal Fresh Fruit Optional: Entrée Salad w/Roll	11-14 Pancake Minis Beef & Cheese Nachos OR Fruit & Yogurt Parfait w/Granola & Graham Crackers Pinto Beans Seasoned Corn Salsa Chilled Peaches Optional: Cheese Nachos	11-15 Breakfast Taco, Sausage, Egg & Cheese <i><u>Thanksgiving Lunch</u></i> Oven Roasted Turkey & Dressing w/Roll OR Beef Fiestada Green Beans Sweet Potato Soufflé Crustless Apple Pie	11-16 Super Donut Popcorn Chicken w/Roll OR Rib B Q On Bun Savory Carrots Seasoned Peas Chilled Mandarin Oranges Optional: Buffalo Popcorn Chicken OR Manager's Choice Lunch Pack	11-17 Breakfast Bites Fish Nuggets w/Hushpuppies OR Vegetable Beef Soup w/Classic Grilled Cheese Sandwich Steamed Broccoli Seasoned Squash Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese
11-20 Pancake/Sausage On Stick Chicken Nuggets w/Roll OR Italian Grilled Cheese Tomato Soup Manager's Choice Vegetable Chilled Mixed Fruit	11-21 Belgian Waffle Pizzeria Pepperoni Pizza OR Manager's Choice Entrée Seasoned Peas and Carrots Manager's Choice Vegetable Manager's Choice Fruit	11-22 NO SCHOOL	11-23 NO SCHOOL	11-24 NO SCHOOL
11-27 Chicken Biscuit Corn Dog Nuggets OR Chicken Taco Soup w/Cheese Quesadilla Seasoned Peas and Carrots Steamed Broccoli Flavored Applesauce Variety	11-28 Fruit Frudel Chicken Tenders w/Waffles OR Meatball Sub Tater Tots BBQ Baked Beans Chilled Mandarin Oranges Chilled Pudding Optional: Manager's Choice Lunch Pack	11-29 Breakfast Pizza Pork Chop Sandwich OR Spaghetti w/Garlic Bread OR Gourmet Turkey & Cheese Wrap Green Beans Sweet Potato Chunks Chilled Mixed Fruit	11-30 Poptart w/String Cheese Hamburger OR Teriyaki Chicken w/Rice California Blend Stir Fry Mixed Vegetables Chilled Strawberries Optional: Cheeseburger	

Cereal w/graham crackers are offered daily for breakfast

Muffins and yogurt w/graham crackers are offered as a choice for breakfast

Flavored and unflavored skim milk is available daily for breakfast and lunch

This institution is an equal opportunity provide