

## REID ROSS HIGH SCHOOL MENUS – AUGUST 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9-1
				Pizza Bagel Or School Spirit Ring Seasonal Fresh Fruit  Buffalo Chicken Flatbread OR Rib-B-Que On Bun French Fries Baked Beans Fresh Bananas Chilled Mandarin Oranges
9-4	9-5	9-6	9-7	9-8
NO SCHOOL	Belgium Waffles OR Fruit Frudel Seasonal Fresh Fruit  <p style="text-align: center;"><u><i>Mexican Bar</i></u></p> Beefy Tacos OR Chicken Fajitas Mexican Rice Fiesta Black Beans Salsa Shredded Lettuce Chilled Diced Peaches Fresh Apples	Ham & Cheese Flatbread OR Mini Donuts Seasonal Fresh Fruit  Yogurt Parfait OR Meatballs & Gravy w/Hot Roll OR Chicken Nuggets w/Hot Roll Seasoned Collard Greens Mashed Potatoes Glazed Carrots Chilled Pineapple Fresh Grapes	Sausage Biscuit OR Banana/Berry/Pumpkin Bread Seasonal Fresh Fruit  Beef Fiestada OR Spaghetti & Meat Sauce w/Breadstick Seasoned Corn Farm Fresh Seasoned Cabbage Sourlicious Raisins Fresh Melon	Mini Pancakes OR School Spirit Ring Seasonal Fresh Fruit  Hot Dog On Bun w/Chili OR BBQ Sandwich Sweet Potato Fries Baked BBQ Beans Creamy Coleslaw Fresh Bananas Chilled Mandarin Oranges
9-11	9-12	9-13	9-14	9-15
Pancake/Sausage On Stick OR Cinnamon Roll Seasonal Fresh Fruit  Beefy Nachos OR Spicy Chicken Sandwich Lettuce & Tomato Corn & Tomato Salad Spicy Pintos Fresh Pears American Hero Fruit Ice	Chicken Biscuit OR Honey Bun Seasonal Fresh Fruit  <p style="text-align: center;"><u><i>Breakfast for Lunch</i></u></p> Sausage, Egg & Cheese Biscuit OR Chicken Tenders & Waffles Farm Fresh Summer Squash Steamed Broccoli Chilled Applesauce Fresh Plums	Breakfast Parfait OR Mini Donuts Seasonal Fresh Fruit  Sweet Thai Chili Chicken w/Rice OR Deli Turkey & Ham On Flatbread California Blend Stir-Fry Sweet Potato Chunks Chilled Pineapple Manager's Choice Fruit	NO SCHOOL	NO SCHOOL
<b>NO SCHOOL SEPTEMBER 14 – 29, 2017</b>				

Cereal, graham crackers, juice, fruit variety are available daily for breakfast

Flavored and unflavored skim milk is available daily for breakfast and lunch

This institution is an equal opportunity provider

Check with the cafeteria for the availability of assorted muffins and toaster pastries