

ELEMENTARY CENTRAL MENUS – SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9-1
				Belgian Waffle *NEW* Beef Hot Dog On Bun OR BBQ Sandwich OR Yogurt Lunch Pack *NEW* French Fries Coleslaw BBQ Baked Beans *NEW* Seasonal Fresh Fruit
9-4	9-5	9-6	9-7	9-8
NO SCHOOL	Chicken Biscuit Corn Dog Nuggets OR Taco Salad w/Chips OR Pinto Beans Seasoned Corn Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	Fruit Frudel PreK – Cereal w/String Cheese Pork Chop Sandwich OR Spaghetti w/Garlic Bread Chef Salad (Chicken, Turkey or Egg) w/Flatbread Steamed Broccoli Fresh Carrots w/Dip Chilled Pineapple	Muffin Variety Chicken Tenders w/Waffles OR Meatball Sub Tater Tots Mixed Vegetables Sourlicious Raisins Optional: Deli Lunch Pack	French Toast Sticks Cheese Dunkers w/Marinara Sauce OR Chicken Fajita Green Beans Squash Chilled Peaches Optional: Deli Sandwich/Wrap
9-11	9-12	9-13	9-14	9-15
Super Donut PreK – Cereal w/Graham Crackers <p style="text-align: center;"><i><u>Patriot's Day</u></i></p> Chicken Sandwich OR Salisbury Steak w/Gravy & Roll Mashed Potatoes Savory Carrots American Hero Fruit Ice Optional: Chef Salad w/Roll	Pizza Bagel Beef & Cheese Nachos OR Cheese Nachos OR Fruit & Yogurt Parfait w/Granola & Graham Crackers Pinto Beans Seasoned Corn Salsa Chilled Peaches	Egg/Sausage/Cheese Breakfast Taco Beef Fiestada OR Cheese Lasagna w/Garlic Bread OR Deli Lunch Pack Spinach & Tomato Salad Mixed Vegetables Chilled Strawberries Fresh Baked Cookie	Pancake Minis Popcorn Chicken w/Roll OR Rib B Q On Bun Sweet Potato Chunks Broccoli w/Cheese Applesauce Variety Optional: Manager's Choice Lunch Pack	Breakfast Bites Fish Nuggets w/Roll OR Ham Croissant w/Cheez-It Crackers Green Beans Seasoned Squash Chilled Pears Optional: Wowbutter Sandwich w/String Cheese
9-18	9-19	9-20	9-21	9-22
Pancake/Sausage On Stick Chicken Nuggets w/Roll OR Italian Grilled Cheese w/Marinara Sauce Fresh Veggies w/Dip Seasoned Broccoli Seasonal Fresh Fruit Optional: Chef Salad w/Roll	Cinnamon Roll PreK – Sweet Bread Variety Fish Sandwich OR Beefy Taco w/Cheese OR Deli Lunch Pack Mexican Rice Fiesta Black Beans Lettuce & Salsa Fruit Pearls *NEW*	Yogurt w/Bug Bite Grahams Pepperoni Pizza OR Cheese Pizza OR Popcorn Chicken Salad w/Flatbread Glazed Carrots Seasoned Peas Applesauce Variety	Sausage Biscuit Teriyaki Chicken w/Rice OR Cheeseburger On Bun California Blend Stir Fry Seasoned Corn Chilled Peaches Optional: Deli Sandwich/Wrap with Crackers	Belgian Waffle Beef Hot Dog On Bun OR BBQ Sandwich OR Yogurt Lunch Pack French Fries Coleslaw BBQ Baked Beans *NEW* Seasonal Fresh Fruit
9-25	9-26	9-27	9-28	9-29
Chicken Biscuit Cheese Dunkers w/Marinara Sauce OR Chicken Fajita OR Deli Lunch Pack Spinach and Tomato Salad Seasoned Peas and Carrots Chilled Peaches	Fruit Frudel PreK – Cereal w/String Cheese Corn Dog Nuggets OR Taco Salad w/Chips OR Wowbutter Sandwich w/String Cheese Mexican Rice Pinto Beans Seasoned Corn Seasonal Fresh Fruit	Breakfast Pizza Chicken Tenders w/Waffles OR Ham Croissant w/Cheez-It Crackers Fresh Carrots w/Dip Broccoli Salad Fruit Variety Optional: Manager's Choice Lunch pack OR Chef Salad w/Roll <p style="text-align: center;">EARLY RELEASE</p>	Muffin Variety Pork Chop Sandwich OR Spaghetti w/Garlic Bread Green Beans Sweet Potato Fries Chilled Mandarin Oranges Optional: Yogurt Lunch Pack	French Toast Sticks Hamburger On Bun OR Fiesta Chicken & Cheese Potato OR California Blend Seasoned Squash Sourlicious Raisins Optional: Deli Sandwich

Cereal, graham crackers, juice, and fruit variety are available daily for breakfast

Flavored and unflavored skim milk is available daily for breakfast and lunch

This institution is an equal opportunity provider.