

YEAR ROUND MIDDLE MENUS – JULY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7-3 NO SCHOOL	7-4 NO SCHOOL	7-5 NO SCHOOL	7-6 NO SCHOOL	7-7 NO SCHOOL
7-10 NO SCHOOL	7-11 NO SCHOOL	7-12 Breakfast Bites Pizzeria Pizza OR Cheese Pizza OR Deli Lunch Box Mixed Garden Salad Seasoned Green Beans Chilled Peaches	7-13 Cinnamon Roll Cheeseburger On Bun OR Rib-B-Que On Bun Sweet Potato Chunks Seasoned Peas Fresh Apples Optional: Fiesta Grilled Chicken Salad w/Tortilla Chips	7-14 Waffle Chicken Fillet Sandwich OR Spaghetti w/Garlic Bread Baby Carrots w/Dressing Steamed Broccoli Fresh Bananas Optional: Deli Sandwich
7-17 Pancake Sausage on Stick Meatball Sub OR Chicken Nugget w/Roll Mashed Potatoes Spinach and Tomato Salad Chilled Peaches Optional: Wowbutter Sandwich w/String Cheese	7-18 Fruit Frudel Corn Dog Nuggets OR Taco Salad w/Chips Sweet Potato Fries Steamed Broccoli Chilled Applesauce Optional: Deli Lunch Box	7-19 French Toast Stick Cheese Dunkers w/Marinara Sauce OR Ham & Cheese Croissant w/Cheez It Crackers OR Chicken Caesar Salad w/Roll Seasoned Corn Glazed Carrots Fresh Melon	7-20 Sausage Biscuit Cheese Nachos w/Chips OR Beef & Cheese Nachos w/Chips OR Fruit & Yogurt Parfait w/Granola & Graham Crackers Pinto Beans Lettuce and Salsa Chilled Strawberries	7-21 Mini Pancakes Asian Chicken w/Rice and Roll OR Pork Chop On WW Bun Stir-Fried California Blend Seasoned Squash Chilled Mandarin Oranges Optional: Deli Wrap/Sandwich Lunch Box
7-24 Breakfast Bites Pizzeria Pizza OR Cheese Pizza OR Deli Lunch Box Mixed Garden Salad Seasoned Green Beans Fresh Peaches	7-25 Cinnamon Roll Cheeseburger On Bun OR Rib-B-Que On Bun OR Fiesta Grilled Chicken Salad w/Tortilla Chips Sweet Potato Chunks Seasoned Peas Fresh Apples	7-26 Breakfast Pizza Popcorn Chicken w/Roll OR Beef Taco Mexican Rice Fiesta Black Beans Lettuce and Salsa Chilled Pineapple Optional: Yogurt Lunch Box	7-27 Chicken Biscuit Hot Dog On WW Bun OR BBQ Pork Sandwich On WW Bun Creamy Coleslaw French Fries Baked Beans Chilled Peaches Optional: Wowbutter Sandwich w/String Cheese	7-28 Waffle Chicken Fillet Sandwich OR Spaghetti w/Garlic Bread Baby Carrots w/Dressing Steamed Broccoli Fresh Banana Optional: Deli Sandwich

Cereal, graham crackers, juice, and fruit variety are available daily for breakfast

Flavored and unflavored skim milk is available daily for breakfast and lunch

This institution is an equal opportunity provider