

## YEAR ROUND MIDDLE MENUS – AUGUST 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8-1 Fruit Frudel OR Breakfast Pizza Bagel  Corn Dog Nuggets OR Buffalo Chicken On Flatbread Sweet Potato Fries Steamed Broccoli Chilled Applesauce  Optional: Chef Salad w/Flatbread	8-2 French Toast Sticks OR Poptart w/String Cheese  Cheese Nachos w/Chips OR Beef & Cheese Nachos w/Chips OR Fruit & Yogurt Parfait w/Granola & Graham Crackers Pinto Beans Lettuce and Salsa Chilled Strawberries	8-3 Sausage Biscuit OR Super Donut  Cheese Dunkers w/Marinara Sauce OR Ham & Cheese Croissant w/Cheez-It Crackers OR Chicken Caesar Salad w/Roll Seasoned Corn Glazed Carrots Fresh Melon	8-4 Breakfast Burrito OR Mini Pancakes  Asian Chicken w/Rice and Roll OR Pork Chop On WW Bun Stir-Fried California Blend Seasoned Squash Chilled Mandarin Oranges  Optional: Deli Wrap/Sandwich Lunch Box
8-7 Breakfast Bites OR Sweet Bread  Pepperoni Pizza OR Cheese Pizza OR Deli Lunch Box Mixed Garden Salad Seasoned Green Beans Fresh Peaches	8-8 Honey Bun OR Miniloaf w/String Cheese  Cheeseburger On Bun OR Rib-B-Que On Bun OR Fiesta Grilled Chicken Salad w/Tortilla Chips Sweet Potato Chunks Seasoned Peas Fresh Apples (whole)	8-9 Breakfast Pizza OR Cinnamon Roll  Popcorn Chicken w/Roll OR Beef Taco OR Mexican Rice Fiesta Black Beans Lettuce and Salsa Chilled Pineapple  Optional: Wowbutter Sandwich w/String Cheese	8-10 Chicken Biscuit OR Muffin Variety  Hot Dog On WW Bun OR BBQ Pork Sandwich On WW Bun OR Yogurt Lunch Box Creamy Coleslaw French Fries Baked Beans Chilled Peaches	8-11 Belgian Waffle OR School Spirit Ring w/Honey Dip Glaze  Chicken Fillet Sandwich OR Spaghetti w/Garlic Bread Baby Carrots w/Dip Steamed Broccoli Fresh Bananas  Optional: Deli Sandwich
8-14 Pancake/Sausage On Stick OR Muffin Variety  Meatball Sub OR Chicken Nuggets w/Roll Mashed Potatoes Spinach and Tomato Salad Chilled Peaches  Optional: Wowbutter Sandwich w/String Cheese	8-15 Fruit Frudel OR Breakfast Pizza Bagel  Corn Dog Nuggets OR Taco Salad w/Chips Sweet Potato Fries Steamed Broccoli Chilled Applesauce  Optional: Deli Lunch Box	8-16 French Toast Sticks OR Poptart w/String Cheese  Cheese Nachos w/Chips OR Beef & Cheese Nachos w/Chips OR Fruit & Yogurt Parfait w/Granola & Graham Crackers Pinto Beans Lettuce and Salsa Chilled Strawberries	8-17 Sausage Biscuit Or Super Donut  Cheese Dunkers w/Marinara Sauce OR Ham & Cheese Croissant w/Cheez-It Crackers OR Chicken Caesar Salad w/Roll Seasoned Corn Glazed Carrots Fresh Melon	8-18 Mini Pancakes OR Yogurt w/Bug Bite Grahams  Buffalo Chicken on Flatbread OR Pork Chop On WW Bun California Blend Seasoned Squash Chilled Mandarin Oranges  Optional: Deli Wrap/Sandwich Lunch Box
8-21 Breakfast Bites OR Sweet Bread  Pepperoni Pizza OR Cheese Pizza OR Deli Lunch Box Mixed Garden Salad Seasoned Green Beans Fresh Peaches	8-22 Honey Bun OR Miniloaf w/String Cheese  Cheeseburger On Bun OR Rib-B-Que On Bun OR Fiesta Grilled Chicken Salad w/Tortilla Chips Sweet Potato Chunks Seasoned Peas Fresh Apples (whole)	8-23 Breakfast Pizza OR Cinnamon Roll  Popcorn Chicken w/Roll OR Beef Taco OR Mexican Rice Fiesta Black Beans Lettuce and Salsa Chilled Strawberries  Optional: Wowbutter Sandwich w/String Cheese	8-24 Chicken Biscuit OR Muffin Variety  Hot Dog On WW Bun OR BBQ Pork Sandwich On WW Bun OR Yogurt Lunch Box Creamy Coleslaw French Fries Baked Beans Chilled Peaches	8-25 Belgian Waffle OR School Spirit Ring w/Honey Dip Glaze  Chicken Fillet Sandwich OR Spaghetti w/Garlic Bread Baby Carrots w/Dip Steamed Broccoli Fresh Bananas  Optional: Deli Sandwich
8-28 Pancake/Sausage On Stick  Chicken Nuggets w/Roll OR Italian Grilled Cheese w/Marinara Sauce *NEW* Sweet Potato Chunks Seasoned Broccoli Seasonal Fresh Fruit Welcome Back Marshmallow Square *NEW*  Optional: Chef Salad w/Roll	8-29 Sweet Bread Variety  Pepperoni Pizza OR Cheese Pizza OR Southwest Chicken Salad w/Chips *NEW* Fresh Carrots w/Dip Seasoned Peas Applesauce Variety	8-30 Poptart w/String Cheese  Fish Sandwich OR Beefy Taco w/Cheese OR Deli Lunch Pack *NEW* Mexican Rice Fiesta Black Beans Lettuce & Salsa Chilled Strawberries	8-31 Sausage Biscuit  Asian Chicken w/Rice OR Cheeseburger On Bun California Blend Stir Fry *NEW* Seasoned Corn Chilled Peaches  Optional: Deli Sandwich/Wrap with crackers	

Cereal w/graham crackers are offered daily for breakfast

Muffins and yogurt w/graham crackers are offered as a choice for breakfast

Flavored and unflavored skim milk is available daily for breakfast and lunch

This institution is an equal opportunity provider