

REID ROSS HIGH SCHOOL MENUS – AUGUST 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8-1 Egg & Cheese Biscuit OR Honey Bun Corn Dog Nuggets OR Ultimate Chicken Sandwich OR Fruit & Yogurt Parfait w/Granola Sweet Potato Fries Steamed Broccoli Lettuce Leaf, Sliced Tomatoes & Pickles Chilled Diced Pears Fresh Apples	8-2 French Toast Stick OR Cinnamon Biscuit Pizzeria Pizza OR Taco Salad OR Pork Chop Sandwich Seasoned Corn Glazed Carrots Chilled Pineapple Fresh Cantaloupe/Honey Dew Melon	8-3 Sausage Biscuit OR Fruit Frudel Nachos w/Chips OR Buffalo Chicken Flatbread OR Ultimate Chicken Sandwich Pinto Beans Tomato & Corn Salad Lettuce Leaf, Sliced Tomatoes & Pickles Salsa Chilled Peaches Fresh Grapes	8-4 Breakfast Burrito OR School Spirit Ring w/Honey Dip Glaze Oriental Chicken w/Rice and Roll OR Pizzeria Pizza OR Ham/Cheese Croissant (2) California Blend Stir Fry Seasoned Squash Chilled Mandarin Oranges Fresh Bananas
8-7 Breakfast Bites OR Sweet Bread Cheese Dunkers w/Marinara Sauce OR Pizzeria Pizza OR Gourmet Deli Turkey Wrap & Crackers Seasoned Green Beans Broccoli Salad Chilled Strawberries Fresh Peaches	8-8 Ham & Cheese Biscuit OR Super Donut Cheeseburger On Bun OR Ultimate Chicken Sandwich OR Hawaiian Chicken Salad w/Flatbread Sweet Potato Chunks Seasoned Peas Lettuce Leaf, Sliced Tomatoes & Pickles Chilled Pineapple Fresh Melons & Blueberries	8-9 Breakfast Pizza OR Breakfast Parfait Popcorn Chicken Salad OR Pizzeria Pizza OR Taco Mexican Rice Fiesta Black Beans Lettuce and Salsa Seasoned Corn Chilled Peaches Fresh Plums	8-10 Chicken Biscuit OR Cinnamon Roll Hot Dog On Bun with or without Chili OR BBQ Pork Sandwich Creamy Coleslaw French Fries Baked Beans Chilled Diced Pears Fresh Apples Optional: Ultimate Chicken Sandwich	8-11 Belgian Waffle OR School Spirit Ring w/Honey Dip Glaze Chicken Tenders w/Roll OR Pizzeria Pizza OR Ham & Cheese Hoagie Baby Carrots w/Dressing Steamed Broccoli (1/2 c) Chilled Mandarin Oranges Fresh Bananas
8-14 Pancake Sausage on Stick OR Muffin Variety Meatball Sub OR Chicken Nugget w/Roll OR Pizzeria Pizza Mashed Potatoes Spinach and Tomato Salad Chilled Applesauce Cup Fresh Peaches Deli Lunch Box	8-15 Egg & Cheese Biscuit OR Honey Bun Corn Dog Nuggets OR Ultimate Chicken Sandwich OR Fruit & Yogurt Parfait w/Granola Sweet Potato Fries Steamed Broccoli Lettuce Leaf, Sliced Tomatoes & Pickles Chilled Diced Pears Fresh Apples	8-16 French Toast Stick OR Cinnamon Biscuit Pizzeria Pizza OR Taco Salad OR Pork Chop Sandwich Seasoned Corn Glazed Carrots Chilled Pineapple Fresh Cantaloupe/Honey Dew Melon	8-17 Sausage Biscuit OR Fruit Frudel Nachos w/Chips OR Buffalo Chicken Flatbread OR Ultimate Chicken Sandwich Pinto Beans Tomato & Corn Salad Lettuce Leaf, Sliced Tomatoes & Pickles Salsa Chilled Peaches Fresh Grapes	8-18 Breakfast Burrito OR School Spirit Ring w/Honey Dip Glaze Oriental Chicken w/Rice and Roll OR Pizzeria Pizza OR Ham/Cheese Croissant (2) California Blend Stir Fry Seasoned Squash Chilled Mandarin Oranges Fresh Bananas
8-21 Breakfast Bites OR Sweet Bread Cheese Dunkers w/Marinara Sauce OR Pizzeria Pizza OR Gourmet Deli Turkey Wrap & Crackers Seasoned Green Beans Broccoli Salad Chilled Strawberries Fresh Peaches	8-22 Ham & Cheese Biscuit OR Super Donut Cheeseburger On Bun OR Ultimate Chicken Sandwich OR Hawaiian Chicken Salad w/Flatbread Sweet Potato Chunks Seasoned Peas Lettuce Leaf, Sliced Tomatoes & Pickles Chilled Pineapple Fresh Melons & Blueberries	8-23 Breakfast Pizza OR Breakfast Parfait Popcorn Chicken Salad OR Pizzeria Pizza OR Taco Mexican Rice Fiesta Black Beans Lettuce and Salsa Seasoned Corn Chilled Peaches Fresh Plums	8-24 Chicken Biscuit OR Banana Pancakes Hot Dog On Bun with or without Chili OR BBQ Pork Sandwich Creamy Coleslaw French Fries Baked Beans Chilled Diced Pears Fresh Apples Optional: Ultimate Chicken Sandwich	8-25 Belgian Waffle OR School Spirit Ring w/Honey Dip Glaze Chicken Tenders w/Roll OR Pizzeria Pizza OR Ham & Cheese Hoagie Baby Carrots w/Dip Steamed Broccoli Chilled Mandarin Oranges Fresh Bananas
8-28 Breakfast Bites OR Banana/Berry/Pumpkin Bread Seasonal Fresh Fruit Meat Lovers Monday Meat Lovers Personal Pizza OR Taco Salad with Tostito Chips Seasoned Corn Baby Carrots w/Dip Chilled Strawberries Fresh Pears Welcome Back Marshmallow Square	8-29 Sausage Biscuit OR French Toast Sticks Seasonal Fresh Fruit Meatball Sub OR Cheese Dunkers w/Mariana Sauce French Fries Broccoli Salad Chilled Pineapple Fresh Peaches (Peach Month)	8-30 Egg, Cheese and Sausage Taco OR Mini Donuts Seasonal Fresh Fruit Teriyaki Chicken w/Rice OR Ham & Cheese On Ciabatta Bread California Blend Stir Fry Spinach & Grape Tomato Salad Chilled Peaches Fresh Apples	8-31 Chicken Biscuit OR Cinnamon Roll Seasonal Fresh Fruit Corn Dog Nuggets OR Salisbury Steak & Gravy w/Hot Roll Sweet Potato Chunks Green Beans Chilled Mixed Fruit Fresh Cantaloupe w/Blueberries	

Cereal, graham crackers, juice, fruit variety are available daily for breakfast

Flavored and unflavored skim milk is available daily for breakfast and lunch

This institution is an equal opportunity provider

Check with the cafeteria for the availability of assorted muffins and toaster pastries