

MASSEY HILL/RAMSEY HIGH SCHOOL MENUS – AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL AUGUST 1 – 25, 2017				
8-7	8-8	8-9	8-10	8-11
8-14	8-15	8-16	8-17	8-18
8-21	8-22	8-23	8-24	8-25
<p style="text-align: right; margin: 0;">8-28</p> <p>Breakfast Bites OR Banana/Berry/Pumpkin Bread Seasonal Fresh Fruit</p> <p style="text-align: center;"><i><u>Meat Lovers Monday</u></i></p> <p>Meat Lovers Pizza OR Taco Salad with Tostito Chips Seasoned Corn Baby Carrots w/Dip Chilled Strawberries Fresh Pears Welcome Back Marshmallow Square</p>	<p style="text-align: right; margin: 0;">8-29</p> <p>Sausage Biscuit OR French Toast Sticks Seasonal Fresh Fruit</p> <p>Meatball Sub OR Cheese Dunkers w/Mariana Sauce French Fries Broccoli Salad Chilled Pineapple Fresh Peaches (Peach Month)</p>	<p style="text-align: right; margin: 0;">8-30</p> <p>Egg, Cheese and Sausage Taco OR Mini Donuts Seasonal Fresh Fruit</p> <p>Teriyaki Chicken w/Rice OR Ham & Cheese On Ciabatta Bread California Blend Stir-Fry Spinach & Grape Tomato Salad Chilled Peaches Fresh Apples</p>	<p style="text-align: right; margin: 0;">8-31</p> <p>Chicken Biscuit OR Cinnamon Roll Seasonal Fresh Fruit</p> <p>Corn Dog Nuggets OR Salisbury Steak & Gravy w/Hot Roll Sweet Potato Chunks Green Beans Chilled Mixed Fruit Fresh Cantaloupe w/Blueberries</p>	

Cereal, graham crackers, juice, fruit variety are available daily for breakfast

Flavored and unflavored skim milk is available daily for breakfast and lunch

This institution is an equal opportunity provider

Check with the cafeteria for the availability of assorted muffins and toaster pastries