

ELEMENTARY/MIDDLE CENTRAL MENU – MAY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-1 Fruit Frudel Chicken Fillet Sandwich OR Meatballs and Gravy w/Roll Mashed Potatoes Seasoned Collards Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	5-2 Chicken Biscuit Cheeseburger On Bun OR Taco Salad w/Tortilla Chips Fiesta Black Beans Seasoned Green Beans Chilled Mandarin Oranges Manager's Choice Cookie CHEF SALAD w/Roll	5-3 Super Donut Beef Fiestada OR Mandarin Chicken Over Rice w/Roll Oriental Blend Vegetables Mixed Garden Salad Chilled Strawberries Optional: Fruit & Yogurt Parfait w/Granola & Graham Crackers	5-4 Sausage, Egg, & Cheese Slider Popcorn Chicken w/Roll OR Sloppy Joe Seasoned Peas Carrots Au Gratin Chilled Applesauce Variety Optional: CHEF SALAD w/Roll	5-5 Strawberry Cream Cheese Bagel Bar, Craisins Pork Chop Sandwich OR Fish Nuggets w/Hushpuppies Seasoned Corn Broccoli w/Cheese Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese
5-8 MiniLoaf w/Cheese Stick Pizza OR Chicken and Rice w/Roll Steamed Broccoli Savory Carrots Fresh Seasonal Fruit Optional: Wowbutter Sandwich w/String Cheese	5-9 Breakfast Pizza <i><u>BREAKFAST FOR LUNCH TUESDAY</u></i> Sausage Egg and Cheese Biscuit OR Salisbury Steak w/Roll Seasoned Green Beans Sweet Potato Chunks Chilled Mixed Fruit CHEF SALAD w/Roll	5-10 Yogurt w/Bug Bite Graham Crackers Chicken Nuggets w/Roll OR Gourmet Grilled Cheese Sandwich Seasoned Peas and Carrots Seasoned Corn Chilled Applesauce Variety Optional: CHEF SALAD w/Roll	5-11 Pancake Sausage On Stick Turkey Hot Dog On Bun OR BBQ Sandwich French Fries Creamy Cole Slaw Baked Beans Chilled Peaches Optional: CHEF SALAD w/Flatbread	5-12 Mini Cinnamon Waffles, Raisins Beef Taco w/Cheese OR Wowbutter Sandwich w/String Cheese Lettuce and Salsa Mexican Rice Fiesta Black Beans Seasonal Fresh Fruit Optional: Chicken Taco w/Cheese
5-15 Muffin Variety Popcorn Chicken w/Roll OR Rib-B-Que Sandwich Sweet Potato Fries Steamed Broccoli Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	5-16 Sausage Biscuit Chicken Quesadilla OR Spaghetti with Meat Sauce and Garlic Bread Caesar Salad Seasoned Mixed Vegetables Chilled Applesauce Variety Sugar Cookie CHEF SALAD w/Flatbread	5-17 Cinnamon Roll Beef and/or Cheese Nachos OR Fruit & Yogurt Parfait with Granola & Graham Cracker Seasoned Pinto Beans Seasoned Corn Salsa Chilled Peaches	5-18 Breakfast Bites Hamburger On Bun OR Chicken Fiesta Potato w/Roll Seasoned Green Beans Baby Carrots w/Dip Sourlicious Raisins Optional: CHEF SALAD w/Roll OR	5-19 French Toast, Craisins Cheese Dunkers w/Marinara Sauce OR Chicken Teriyaki Over Rice w/Roll Oriental Blend Seasoned Peas Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese
5-22 Sweet Bread Variety Pizza OR Chicken Fajita Mixed Garden Salad w/Dressing Seasoned Corn Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	5-23 Pizza Bagel <i><u>BREAKFAST FOR LUNCH TUESDAY</u></i> Chicken Tenders w/Waffle OR Meatball Sub Seasoned Broccoli Seasoned Squash Chilled Peaches Chilled Pudding CHEF SALAD w/Flatbread	5-24 Toaster Pastry (poptart) w/String Cheese Mini Ravioli w/Marinara Sauce w/Garlic Bread OR Hot Ham and Cheese Croissant with Cheez-Its Seasoned Green Beans Savory Carrots Chilled Strawberries Optional: Wowbutter Sandwich w/String Cheese	5-25 Pancake Sausage on Stick Corn Dog Nuggets OR Gourmet Deli Wrap w/Dressing Seasoned Peas Sweet Potato Chunks Chilled Mandarin Oranges Optional: CHEF SALAD w/Flatbread OR	5-26 Maple Pancakes, Raisins Beef Taco with Cheese OR Fish Sandwich Lettuce and Salsa Mexican Rice Seasoned Pinto Beans Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/ String Cheese
5-29 NO SCHOOL	5-30 Chicken Biscuit Beef Fiestada OR Manager's Choice Asian Chicken Over Rice w/Roll Steamed Broccoli Manager's Choice Sweet Potato Chilled Applesauce Variety Optional: Manager's Choice	5-31 Super Donut Chicken Fillet Sandwich OR Manager's Choice Pasta w/Grain Seasoned Green Beans Manager's Choice Vegetable Chilled Peaches Optional: Manager's Choice		

Cereal, graham crackers, juice, and fruit variety are available daily for breakfast Flavored and unflavored skim milk is available daily for breakfast and lunch This institution is an equal opportunity provider