MASSEY HILL/RAMSEY HIGH CENTRAL MENU – MARCH 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-3 **Breakfast Bites OR Super Donut,** **Seasonal Fresh Fruit** **Taco Salad OR** **Spicy Chicken On Bun** **Lettuce Leaf & Pickles** **California Blend Vegetables** **Cucumbers & Tomato Salad** **Fresh Apple** **Chilled Peaches**	**4-4** **Chicken Biscuit OR Cinnamon Roll,** **Seasonal Fresh Fruit** ***BREAKFAST FOR LUNCH TUESDAY*** **Ham, Egg, and Cheese Biscuit OR** **Beef Fiestada** **Tater Tots** **Steamed Broccoli** **Fresh Oranges** **Chilled Pineapple** **Chilled Pudding**	**4-5** **Breakfast Pizza OR Breakfast Parfait,** **Seasonal Fresh Fruit** **Rib-B-Que OR** **Buffalo Popcorn Chicken w/Roll** **Seasoned Peas** **Savory Carrots** **French Fries** **Fresh Grapes** **Chilled Applesauce**	**4-6** **Ham & Cheese Biscuit OR Banana/Berry/Pumpkin Bread, Seasonal Fresh Fruit** **Chicken & Rice Casserole w/Roll OR** **Meatball Sub** **Seasoned Green Beans** **Sweet Potato Chunks** **Fresh Pears** **Hip Hopping Tropical Fruit**	**4-7** **Sweet Cinnamon Biscuit OR Mini Waffles,** **Seasonal Fresh Fruit** **Fish Nuggets w/Hushpuppies OR** **Eastern BBQ Sandwich** **Creamy Coleslaw** **Baked Beans** **French Fries** **Fresh Banana** **Chilled Mandarin Oranges**
4-10 **Pancake/Sausage On Stick OR Fruit Frudel,** **Seasonal Fresh Fruit** **Grilled Chicken Salad OR** **Pork Chop On Bun** **Lettuce & Sliced Tomato** **Sweet Potato Chunks** **Steamed Broccoli** **Fresh Apples** **Chilled Pineapple**	**4-11** **Sausage Biscuit OR Pancake Minis,** **Seasonal Fresh Fruit** **Cheeseburger On Bun OR** **Hot Dog with or without Chili** **Sweet Potato Fries** **Baked Beans** **Lettuce Leaf & Sliced Tomato** **Fresh Pear** **Chilled Peaches**	**4-12** **French Toast Sticks OR Egg & Cheese Biscuit,** **Seasonal Fresh Fruit** **Baked Ham w/Roll OR** **Popcorn Chicken w/Roll** **Macaroni & Cheese** **Seasoned Green Beans** **Farm Fresh Kale & Apple Salad** **Fresh Oranges** **Chilled Strawberry Cups** **Hopping Yellow Cake with Icing**	**4-13** **Manager's Choice Biscuit OR Manager's Choice,** **Seasonal Fresh Fruit** **Managers Choice Entree OR** **Managers Choice Entree** **Managers Choice Vegetable** **Managers Choice Other Vegetable** **Managers Choice Seasonal Fresh Fruit** **Managers Choice Chilled Fruit**	**4-14** **NO SCHOOL**
SPRING BREAK **APRIL 17 – 21, 2017**				
4-24 **Breakfast Bites OR Mini Waffles,** **Seasonal Fresh Fruit Or Chilled Fruit Variety** **Roasted Chicken w/Biscuit OR** **Pork Chop On Bun** **Sweet Potato Chunks** **Seasoned Mixed Vegetables** **Fresh Apple** **Chilled Diced Pears**	**4-25** **Sausage Biscuit OR Banana/Berry/Pumpkin Bread,** **Seasonal Fresh Fruit or Chilled Fruit Variety** ***BREAKFAST FOR LUNCH TUESDAY*** **Chicken Tenders & Waffles OR** **Sloppy Joe On Bun** **Tater Tots** **Seasoned Green Beans** **Fresh Pear** **Chilled Pineapple**	**4-26** **Breakfast Pizza OR Breakfast Parfait,** **Seasonal Fresh Fruit or Chilled Fruit Variety** **Beef & Cheese Nachos OR** **Ham & Cheese Hoagie** **Seasoned Corn** **Fiesta Black Beans** **Fresh Apples** **Chilled Peaches**	**4-27** **Ham & Cheese Biscuit OR Cinnamon Roll,** **Seasonal Fresh Fruit or Chilled Fruit Variety** **Stuffed Crust Pizza OR** **Corn Dog Nuggets** **Steamed Broccoli** **Glazed Carrots** **Fresh Orange** **Chilled Strawberry Applesauce**	**4-28** **Cinnamon Biscuit OR Super Donut,** **Seasonal Fresh Fruit or Chilled Fruit Variety** **Eastern BBQ Sandwich OR** **Hot Dog with or without Chili** **Coleslaw** **Baked Beans** **Sweet Potato Fries** **Fresh Bananas** **Chilled Mandarin Oranges**

Cereal, graham crackers, juice, assorted muffins & toaster pastries are available daily for breakfast **Flavored and unflavored skim milk is available daily for breakfast and lunch**

This institution is an equal opportunity provider