

YEAR ROUND CENTRAL MENU – FEBRUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		2-1	2-2	2-3
		Super Donut Chicken Fillet Sandwich OR Meatballs and Gravy w/Roll Mashed Potatoes Seasoned Collards Chilled Peaches Manager's Choice Cookie Optional: Wowbutter Sandwich w/String Cheese	Sausage, Egg, & Cheese Slider Corn Dog Nuggets OR Chili w/Grilled Cheese Sandwich Seasoned Pinto Beans Sweet Potato Fries Sourlicious Raisins Optional: CHEF SALAD w/Flatbread OR Deli Swirl Wrap w/Dressing	Strawberry Cream Cheese Bagel Bar, Craisins Cheeseburger On Bun OR Chicken & Cheese Fiesta Potato w/Roll Savory Carrots Seasoned Corn Fresh Seasonal Fruit Optional: Wowbutter Sandwich w/String Cheese
2-6	2-7	2-8	2-9	2-10
MiniLoaf w/Cheese Stick Pizza OR Chicken Fajita Broccoli Savory Carrots Chilled Mixed Fruit Optional: Wowbutter Sandwich w/String Cheese	Breakfast Pizza <u>BREAKFAST FOR LUNCH</u> Sausage, Egg, and Cheese Biscuit OR Fish Sandwich Seasoned Green Beans Tater Tots Fresh Seasonal Fruit Chilled Pudding CHEF SALAD w/Flatbread	Yogurt w/Bug Bite Graham Crackers Beef Taco w/Cheese OR Wowbutter Sandwich w/String Cheese Lettuce and Salsa Seasoned Corn Seasoned Black Beans Chilled Applesauce Variety Optional: Chicken Taco	Pancake Sausage On Stick Chicken Nuggets w/Roll OR Vegetable Beef Soup w/Grilled Cheese Sandwich Seasoned Squash Seasoned California Blend Chilled Peaches Optional: CHEF SALAD w/Roll OR Deli Swirl Wrap w/Dressing	Mini Cinnamon Waffles, Raisins Turkey Hot Dog On Bun OR BBQ Sandwich French Fries Creamy Cole Slaw Baked Beans Chilled Mandarin Oranges Optional: Wowbutter Sandwich w/String Cheese
2-13	2-14	2-15	2-16	2-17
Muffin Variety Cheese Dunkers w/Marinara Sauce OR Chicken and Rice w/Roll Sweet Potato Fries Seasoned Cabbage NC Farm Fresh Apples	Sausage Biscuit Chicken Teriyaki Over Rice w/Roll OR Meatball Sub Steamed Broccoli Baby Carrots w/Dip Swee' Heart Cherry Ice CHEF SALAD w/Roll	Cinnamon Roll Beef and/or Cheese Nachos OR Fruit & Yogurt Parfait with Granola & Graham Cracker Seasoned Pinto Beans Seasoned Corn Salsa Chilled Peaches	Breakfast Bites Chicken Taco Soup w/Cheese Quesadilla OR Hamburger On Bun Seasoned Green Beans Seasoned California Blend Chilled Pears Optional: CHEF SALAD w/Flatbread OR Deli Swirl Wrap w/Dressing	French Toast, Craisins Popcorn Chicken w/Roll OR Rib-B-Que Sandwich Seasoned Peas and Carrots Steamed Squash Fresh Seasonal Fruit Optional: Wowbutter Sandwich
2-20	2-21	2-22	2-23	2-24
NO SCHOOL	Pizza Bagel <u>BREAKFAST FOR LUNCH</u> Chicken Tenders and Waffle w/Syrup OR Salisbury Steak w/Roll Mashed Potatoes Broccoli w/Cheese Chilled Peaches CHEF SALAD w/Roll	Toaster Pastry (poptart) w/String Cheese Beef Taco with Cheese OR Wowbutter & Jelly Sandwich Lettuce and Salsa Mexican Rice Fiesta Black Beans Fresh Seasonal Fruit Optional: Chicken Taco	Pancake Sausage on Stick Corn Dog Nuggets OR Chili w/Grilled Cheese Sandwich Seasoned Pinto Beans Sweet Potato Chunks Sourlicious Raisins Optional: CHEF SALAD w/Flatbread OR Deli Swirl Wrap w/ Dressing	Maple Pancakes, Raisins Mini Ravioli w/Garlic Bread OR Hot Ham and Cheese Croissant with Cheez-Its Seasoned Green Beans Seasoned Squash Chilled Strawberries Optional: Wowbutter Sandwich OR Gourmet Turkey and Cheese Wrap
2-27	2-28			
Fruit Frudel Chicken Fillet Sandwich OR Meatballs and Gravy w/Roll Mashed Potatoes Seasoned Collards Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	Chicken Biscuit Beef Fiestada OR Mandarin Chicken Over Rice w/Roll Oriental Blend Vegetables Seasoned Green Beans Chilled Pineapple Manager's Choice Cookie CHEF SALAD w/Roll			

Cereal, graham crackers, juice, and fruit variety are available daily for breakfast Flavored and unflavored skim milk is available daily for breakfast and lunch This institution is an equal opportunity provider