

**ELEMENTARY/MIDDLE CENTRAL MENU – FEBRUARY 2017**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p align="right">1-30</p> <p><b>NO SCHOOL</b></p>	<p align="right">1-31</p> <p>Chicken Biscuit</p> <p>Beef Fiestada OR Mandarin Chicken Over Rice w/Roll Oriental Blend Vegetables Seasoned Green Beans Chilled Pineapple</p> <p>CHEF SALAD w/Roll</p>	<p align="right">2-1</p> <p>Super Donut</p> <p>Chicken Fillet Sandwich OR Meatballs and Gravy w/Roll Mashed Potatoes Seasoned Collards Chilled Peaches Manager's Choice Cookie</p> <p>Optional: Wowbutter Sandwich w/String Cheese</p>	<p align="right">2-2</p> <p>Sausage, Egg, &amp; Cheese Slider</p> <p>Corn Dog Nuggets OR Chili w/Grilled Cheese Sandwich Seasoned Pinto Beans Sweet Potato Fries Sourlicious Raisins</p> <p>Optional: CHEF SALAD w/Flatbread OR Deli Swirl Wrap w/Dressing</p>	<p align="right">2-3</p> <p>Strawberry Cream Cheese Bagel Bar, Craisins</p> <p>Cheeseburger On Bun OR Chicken &amp; Cheese Fiesta Potato w/Roll Savory Carrots Seasoned Corn Fresh Seasonal Fruit</p> <p>Optional: Wowbutter Sandwich w/String Cheese</p>
<p align="right">2-6</p> <p>MiniLoaf w/Cheese Stick</p> <p>Pizza OR Chicken Fajita Broccoli Savory Carrots Chilled Mixed Fruit</p> <p>Optional: Wowbutter Sandwich w/String Cheese</p>	<p align="right">2-7</p> <p>Breakfast Pizza</p> <p align="center"><b><u>BREAKFAST FOR LUNCH</u></b></p> <p>Sausage, Egg, and Cheese Biscuit OR Fish Sandwich Seasoned Green Beans Tater Tots Fresh Seasonal Fruit Chilled Pudding</p> <p>CHEF SALAD w/Flatbread</p>	<p align="right">2-8</p> <p>Yogurt w/Bug Bite Graham Crackers</p> <p>Beef Taco w/Cheese OR Wowbutter Sandwich w/String Cheese Lettuce and Salsa Seasoned Corn Seasoned Black Beans Chilled Applesauce Variety</p> <p>Optional: Chicken Taco</p>	<p align="right">2-9</p> <p>Pancake Sausage On Stick</p> <p>Chicken Nuggets w/Roll OR Vegetable Beef Soup w/Grilled Cheese Sandwich Seasoned Squash Seasoned California Blend Chilled Peaches</p> <p>Optional: CHEF SALAD w/Roll OR Deli Swirl Wrap w/Dressing</p>	<p align="right">2-10</p> <p>Mini Cinnamon Waffles, Raisins</p> <p>Turkey Hot Dog On Bun OR BBQ Sandwich French Fries Creamy Cole Slaw Baked Beans Chilled Mandarin Oranges</p> <p>Optional: Wowbutter Sandwich w/String Cheese</p>
<p align="right">2-13</p> <p>Muffin Variety</p> <p>Cheese Dunkers w/Marinara Sauce OR Chicken and Rice w/Roll Sweet Potato Fries Seasoned Cabbage NC Farm Fresh Apples</p>	<p align="right">2-14</p> <p>Sausage Biscuit</p> <p>Chicken Teriyaki Over Rice w/Roll OR Meatball Sub Steamed Broccoli Baby Carrots w/Dip Swee' Heart Cherry Ice</p> <p>CHEF SALAD w/Roll</p>	<p align="right">2-15</p> <p>Cinnamon Roll</p> <p>Beef and/or Cheese Nachos OR Fruit &amp; Yogurt Parfait with Granola &amp; Graham Cracker Seasoned Pinto Beans Seasoned Corn Salsa Chilled Peaches</p>	<p align="right">2-16</p> <p>Breakfast Bites</p> <p>Chicken Taco Soup w/Cheese Quesadilla OR Hamburger On Bun Seasoned Green Beans Seasoned California Blend Chilled Pears</p> <p>Optional: CHEF SALAD w/Flatbread OR Deli Swirl Wrap w/Dressing</p>	<p align="right">2-17</p> <p>French Toast, Craisins</p> <p>Popcorn Chicken w/Roll OR Rib-B-Que Sandwich Seasoned Peas and Carrots Steamed Squash Fresh Seasonal Fruit</p> <p>Optional: Wowbutter Sandwich</p>
<p align="right">2-20</p> <p><b>NO SCHOOL</b></p>	<p align="right">2-21</p> <p>Pizza Bagel</p> <p align="center"><b><u>BREAKFAST FOR LUNCH</u></b></p> <p>Chicken Tenders and Waffle w/Syrup OR Salisbury Steak w/Roll Mashed Potatoes Broccoli w/Cheese Chilled Peaches</p> <p>CHEF SALAD w/Roll</p>	<p align="right">2-22</p> <p>Toaster Pastry (poptart) w/String Cheese</p> <p>Beef Taco with Cheese OR Wowbutter &amp; Jelly Sandwich Lettuce and Salsa Mexican Rice Fiesta Black Beans Fresh Seasonal Fruit</p> <p>Optional: Chicken Taco</p>	<p align="right">2-23</p> <p>Pancake Sausage On Stick</p> <p>Corn Dog Nuggets OR Chili w/Grilled Cheese Sandwich Seasoned Pinto Beans Sweet Potato Chunks Sourlicious Raisins</p> <p>Optional: CHEF SALAD w/Flatbread OR Deli Swirl Wrap w/ Dressing</p>	<p align="right">2-24</p> <p>Maple Pancakes, Raisins</p> <p>Mini Ravioli w/Garlic Bread OR Hot Ham and Cheese Croissant with Cheez-Its Seasoned Green Beans Seasoned Squash Chilled Strawberries</p> <p>Optional: Wowbutter Sandwich OR Gourmet Turkey and Cheese Wrap</p>
<p align="right">2-27</p> <p>Fruit Frudel</p> <p>Chicken Fillet Sandwich OR Meatballs and Gravy w/Roll Mashed Potatoes Seasoned Collards Seasonal Fresh Fruit</p> <p>Optional: Wowbutter Sandwich w/String Cheese</p>	<p align="right">2-28</p> <p>Chicken Biscuit</p> <p>Beef Fiestada OR Mandarin Chicken Over Rice w/Roll Oriental Blend Vegetables Seasoned Green Beans Chilled Pineapple Manager's Choice Cookie</p> <p>CHEF SALAD w/Roll</p>			

Cereal, graham crackers, juice, and fruit variety are available daily for breakfast Flavored and unflavored skim milk is available daily for breakfast and lunch This institution is an equal opportunity provider