

ELEMENTARY/MIDDLE CENTRAL MENU – MARCH 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3-1	3-2	3-3
		Super Donut Cheeseburger On Bun OR Fish Nuggets w/Hushpuppies Baked Beans Creamy Coleslaw Chilled Strawberries Optional: Wowbutter Sandwich w/String Cheese	Sausage, Egg, & Cheese Slider Chicken Quesadilla OR Sloppy Joe Seasoned Corn Savory Carrots Chilled Applesauce Variety Optional: CHEF SALAD w/Flatbread OR Deli Swirl Wrap w/Dressing	Strawberry Cream Cheese Bagel Bar, Craisins Pork Chop Sandwich OR Gourmet Grilled Cheese Sandwich Tomato Soup Seasoned Peas Fresh Seasonal Fruit Optional: Wowbutter Sandwich w/String Cheese
3-6	3-7	3-8	3-9	3-10
MiniLoaf w/Cheese Stick Chicken Nuggets w/Waffles OR Fish Sandwich Seasoned Corn Seasoned Broccoli Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	Breakfast Pizza Sausage, Egg, and Cheese Biscuit OR Salisbury Steak w/Roll Mashed Potatoes Mixed Garden Salad w/Dressing Chilled Mandarin Oranges CHEF SALAD w/Roll NATIONAL	Cinnamon Roll Ham, Egg and Cheese Burrito OR Beef Taco w/Cheese Mexican Rice Lettuce and Salsa Seasoned Fiesta Black Beans Chilled Applesauce Variety Optional: Wowbutter Sandwich w/String Cheese SCHOOL BREAKFAST	Pancake Sausage On Stick Chili with Sweet Cinnamon Biscuit OR Turkey Hot Dog On Bun Seasoned California Blend Sweet Potato Fries Sourlicious Raisins Optional: CHEF SALAD w/Roll OR Deli Swirl Wrap w/Dressing WEEK	Mini Cinnamon Waffles, Raisins Cheesy Grits and Egg Breakfast Bowl OR Pizza Seasoned Green Beans Glazed Carrots Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese
3-13	3-14	3-15	3-16	3-17
Yogurt w/Bug Bite Graham Crackers Popcorn Chicken w/Roll OR Rib-B-Que Sandwich NC Fresh Baked Sweet Potato Steamed Broccoli Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	Sausage Biscuit Chicken Quesadilla OR Spaghetti with Meat Sauce and Garlic Bread Caesar Salad Seasoned California Blend Chilled Applesauce Variety CHEF SALAD w/Flatbread	Muffin Variety Beef and/or Cheese Nachos OR Fruit & Yogurt Parfait with Granola & Graham Cracker Seasoned Pinto Beans Seasoned Corn Salsa Chilled Strawberries Optional: Wowbutter Sandwich w/String Cheese	Breakfast Bites Chicken Teriyaki Over Rice w/Roll OR Hamburger On Bun Baby Carrots w/Dip Seasoned Peas Luck O' the Ice Sour Apple Ice Optional: CHEF SALAD w/Roll OR	French Toast, Craisins Cheese Dunkers w/Marinara Sauce OR Chicken Fajita Seasoned Green Beans Seasoned Squash Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese
3-20	3-21	3-22	3-23	3-24
Sweet Bread Variety Pizza OR Chicken and Rice w/Roll Mixed Garden Salad w/Dressing Seasoned Corn Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	Pizza Bagel Chicken Tenders w/Roll OR Gourmet Grilled Cheese Sandwich Seasoned Broccoli Seasoned Squash Chilled Peaches Chilled Pudding CHEF SALAD w/Roll	Toaster Pastry (poptart) w/String Cheese Mini Ravioli w/Marinara Sauce w/Garlic Bread OR Hot Ham and Cheese Croissant with Cheez-Its Seasoned Green Beans Savory Carrots Chilled Strawberries Optional: Wowbutter Sandwich w/String Cheese	Pancake Sausage on Stick Corn Dog Nuggets OR Meatball Sub Seasoned Peas Sweet Potato Chunks Sourlicious Raisins Optional: CHEF SALAD w/Flatbread OR	Maple Pancakes, Raisins Beef Taco with Cheese OR Fish Sandwich Lettuce and Salsa Mexican Rice Seasoned Pinto Beans Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/ String Cheese
3-27	3-28	3-29	3-30	3-31
Fruit Frudel Chicken Fillet Sandwich OR Meatballs and Gravy w/Roll Mashed Potatoes Seasoned Collards Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese	Chicken Biscuit Beef Fiestada OR Mandarin Chicken Over Rice w/Roll Oriental Blend Vegetables Seasoned Peas Chilled Strawberries Manager's Choice Cookie CHEF SALAD w/Roll	Super Donut Cheeseburger On Bun OR Deli Swirl Wrap w/Dressing Sweet Potato Chunks Seasoned Corn Chilled Mixed Fruit Optional: Wowbutter Sandwich w/String Cheese	Sausage, Egg, & Cheese Slider Chicken Quesadilla OR Sloppy Joe Seasoned Green Beans Carrots Au Gratin Chilled Applesauce Variety Optional: CHEF SALAD w/Flatbread	Strawberry Cream Cheese Bagel Bar, Craisins Pork Chop Sandwich OR Fish Nuggets w/Hushpuppies Broccoli w/Cheese Baked Beans Seasonal Fresh Fruit Optional: Wowbutter Sandwich w/String Cheese

Cereal, graham crackers, juice, and fruit variety are available daily for breakfast Flavored and unflavored skim milk is available daily for breakfast and lunch This institution is an equal opportunity provider